

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Wibaut Annouck HEADCOACH

Coaches: Terryen Julien

Coaches: Cornelis Isaac

Coaches: Cornelis Jan Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 200M BREASTSTROKE WOMEN 11-17							Heat:2, starttime: 09:04	
Heat: 2/9 Lane : 1 Athlete: DHOOGHE FELIZ							Q-time: 03:59:28	
PB (25m pool): 03:59.28 Meulebeke 10/05/2026				PB (50m pool): 04:02.30 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.21		01:51.59		no time		03:59.28
	00:52.21		00:59.38					
								

Coach feedback:

Event number: 19: 200M BREASTSTROKE WOMEN 11-17							Heat:2, starttime: 09:04	
Heat: 2/9 Lane : 2 Athlete: VERHELST LOLA							Q-time: 03:54:66	
PB (25m pool): 03:48.04 EEKLO 04/10/2026				PB (50m pool): 03:49.32 SB: 03:48.04 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.51		01:47.09		no time		03:48.04
	00:48.51		00:58.58					
								

Coach feedback:

Event number: 19: 200M BREASTSTROKE WOMEN 11-17							Heat:2, starttime: 09:04	
Heat: 2/9 Lane : 3 Athlete: VINOIS ANYSSiA							Q-time: 03:49:59	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 19: 200M BREASTSTROKE WOMEN 11-17							Heat:4, starttime: 09:13	
Heat: 4/9 Lane : 3 Athlete: MERTENS XIANA							Q-time: 03:26:39	
PB (25m pool): 03:26.39 Meulebeke 10/05/2026				PB (50m pool): 03:34.91 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.61		01:37.39		no time		03:26.39
	00:45.61		00:51.78					
								

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:7, starttime: 10:00	
Heat: 7/9 Lane : 6 Athlete: BONNARENS DRIES							Q-time: 02:51:94	
PB (25m pool): 02:51.94 Gent 23/02/2025				PB (50m pool): 02:58.71SB: 02:54.74 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.25		01:22.80		02:08.06		02:51.94
	00:38.25		00:44.55		00:45.26		00:43.88	
								

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:7, starttime: 10:00	
Heat: 7/9 Lane : 7 Athlete: CASIER JARNE							Q-time: 02:54:55	
PB (25m pool): 02:54.55 Meulebeke 10/05/2026				PB (50m pool): 03:04.87 SB: 03:00.16 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.99		01:24.78		no time		02:54.55
	00:39.99		00:44.79					
								

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:8, starttime: 10:03	
Heat: 8/9 Lane : 2 Athlete: DE VLIETTER ELIOTT							Q-time: 02:47:14	
PB (25m pool): 02:47.14 Meulebeke 10/05/2026				PB (50m pool): 02:51.49 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.02		01:20.52		no time		02:47.14
	00:38.02		00:42.50					
								

Coach feedback:

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: RSC

Event number: 20: 200M BREASTSTROKE MEN 11-17							Heat:9, starttime: 10:07	
Heat: 9/9 Lane : 0 Athlete: VAN DAELE NAND							Q-time: 02:43:83	
PB (25m pool): 02:43.83 Meulebeke 10/05/2026				PB (50m pool): 02:51.25 SB: 02:50.78 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.43		01:18.18		no time		02:43.83
	00:36.43		00:41.75					
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:1, starttime: 10:10	
Heat: 1/11 Lane : 5 Athlete: BEIJNSBERGER MARE							Q-time: 99:99:99	
PB (25m pool): 02:25.32 EEKLO 04/10/2026				PB (50m pool): 02:25.91SB: 02:25.32 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.81		01:10.27		no time		02:25.32
	00:33.81		00:36.46					
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:2, starttime: 10:15	
Heat: 2/11 Lane : 0 Athlete: TABARY OCTAVIE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:2, starttime: 10:15	
Heat: 2/11 Lane : 3 Athlete: DEKEYSER ESTELLE							Q-time: 03:53:25	
PB (25m pool): 03:53.25 Sint-Niklaas 28/12/2025				PB (50m pool): 03:49.72 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:55.04		01:54.84		no time		03:53.25
	00:55.04		00:59.80					
								

Coach feedback:

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Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:3, starttime: 10:19	
Heat: 3/11 Lane : 7 Athlete: VANDENHOUCKE ALAÏS							Q-time: 03:21:93	
PB (25m pool): 03:21.93 Zottegem 01/03/2026				PB (50m pool): 03:13.85SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.75		01:41.42		no time		03:21.93
	00:49.75		00:51.67					
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:5, starttime: 10:28	
Heat: 5/11 Lane : 4 Athlete: CARDON QIETTA							Q-time: 02:56:57	
PB (25m pool): 02:56.57 Sinbad 29/12/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.69		01:27.47		no time		02:56.57
	00:42.69		00:44.78					
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:9, starttime: 10:43	
Heat: 9/11 Lane : 4 Athlete: MALFAIT LIZANNA (LIZI)							Q-time: 02:37:31	
PB (25m pool): 02:37.31 Gent 23/02/2025				PB (50m pool): 02:40.55 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.86		01:17.59		01:58.12		02:37.31
	00:36.86		00:40.73		00:40.53		00:39.19	
								

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN 11-17							Heat:9, starttime: 10:43	
Heat: 9/11 Lane : 5 Athlete: VAN OOTEGHEM KYANA							Q-time: 02:37:45	
PB (25m pool): 02:37.45 T ROSCO 12/10/2025				PB (50m pool): 02:44.27 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.70		01:17.37		01:57.48		02:37.45
	00:37.70		00:39.67		00:40.11		00:39.97	
								

Coach feedback:

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Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:3, starttime: 11:01	
Heat: 3/8 Lane : 2 Athlete: VRAMBOUT MAURICE							Q-time: 02:57:88	
PB (25m pool): 02:41.74 EEKLO 04/10/2026				PB (50m pool): 02:51.75 SB: 02:41.74 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.19		01:20.47		no time		02:41.74
	00:38.19		00:42.28					
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:7, starttime: 11:16	
Heat: 7/8 Lane : 1 Athlete: BLOMMAERT CÉLIAN							Q-time: 02:30:65	
PB (25m pool): 02:30.65 Meulebeke 10/05/2026				PB (50m pool): 02:39.31SB: 02:31.08 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.21		01:14.53		no time		02:30.65
	00:36.21		00:38.32					
								

Coach feedback:

Event number: 22: 200M BACKSTROKE MEN 11-17							Heat:8, starttime: 11:19	
Heat: 8/8 Lane : 2 Athlete: VAN DAELE DAAN							Q-time: 02:16:73	
PB (25m pool): 02:16.73 Sint-Niklaas 28/12/2025				PB (50m pool): 02:16.92SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.24		01:05.42		no time		02:16.73
	00:31.24		00:34.18					
								

Coach feedback:

Event number: 24: 200M BUTTERFLY MEN 11-17							Heat:1, starttime: 11:29	
Heat: 1/2 Lane : 8 Athlete: DE VLIETTER ELIOTT							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:1, starttime: 11:36	
Heat: 1/19 Lane : 6 Athlete: VINOIS ANYSSiA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): 02:45.81SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:2, starttime: 11:41	
Heat: 2/19 Lane : 8 Athlete: DEKEYSER ESTELLE							Q-time: 03:29:92	
PB (25m pool): 03:29.92 Mons 29/03/2025				PB (50m pool): 03:05.37 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.51		01:41.92		02:38.01		03:29.92
	00:48.51		00:53.41		00:56.09		00:51.91	
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:3, starttime: 11:45	
Heat: 3/19 Lane : 6 Athlete: VERHELST LOLA							Q-time: 03:00:69	
PB (25m pool): 03:00.69 Sint-Niklaas 28/12/2025				PB (50m pool): 03:00.38SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.53		01:27.02		no time		03:00.69
	00:40.53		00:46.49					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:5, starttime: 11:52	
Heat: 5/19 Lane : 6 Athlete: TABARY OCTAVIE							Q-time: 02:45:69	
PB (25m pool): 02:45.69 Meulebeke 10/05/2026				PB (50m pool): 02:52.67 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.69		01:19.59		no time		02:45.69
	00:37.69		00:41.90					
								

Coach feedback:

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: RSC

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:6, starttime: 11:55	
Heat: 6/19 Lane : 6 Athlete: VANDENHOUCKE ALAÏS							Q-time: 02:42:41	
PB (25m pool): 02:34.60 EEKLO 04/10/2026				PB (50m pool): 02:38.53SB: 02:34.60 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.95		01:15.78		no time		02:34.60
	00:35.95		00:39.83					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:6, starttime: 11:55	
Heat: 6/19 Lane : 8 Athlete: MERTENS XIANA							Q-time: 02:43:50	
PB (25m pool): 02:32.66 EEKLO 04/10/2026				PB (50m pool): 02:35.09SB: 02:32.66 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.67		01:12.64		no time		02:32.66
	00:33.67		00:38.97					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:6, starttime: 11:55	
Heat: 6/19 Lane : 9 Athlete: DHOOGHE FELIZ							Q-time: 02:44:31	
PB (25m pool): 02:43.94 EEKLO 04/10/2026				PB (50m pool): 02:44.85SB: 02:43.94 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.59		01:19.34		no time		02:43.94
	00:37.59		00:41.75					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:13, starttime: 12:16	
Heat: 13/19 Lane : 6 Athlete: CARDON QIETTA							Q-time: 02:25:49	
PB (25m pool): 02:25.49 Meulebeke 10/05/2026				PB (50m pool): 02:29.29 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.89		01:10.67		no time		02:25.49
	00:33.89		00:36.78					
								

Coach feedback:

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Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:15, starttime: 12:22	
Heat: 15/19 Lane : 9 Athlete: VAN OOTEGHEM KYANA							Q-time: 02:21:77	
PB (25m pool): 02:21.77 Meulebeke 10/05/2026				PB (50m pool): 02:27.30SB: 02:28.54 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.90		01:08.16		no time		02:21.77
	00:32.90		00:35.26					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:17, starttime: 12:27	
Heat: 17/19 Lane : 0 Athlete: BEIJNSBERGER MARE							Q-time: 02:17:79	
PB (25m pool): 02:13.40 EEKLO 04/10/2026			PB (50m pool): 02:18.20SB: 02:13.40 EEKLO 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.29		01:01.84		no time		02:13.40
	00:29.29		00:32.55					
								

Coach feedback:

Event number: 25: 200M FREESTYLE WOMEN 11-17							Heat:19, starttime: 12:33	
Heat: 19/19 Lane : 0 Athlete: MALFAIT LIZANNA (LIZI)							Q-time: 02:11:35	
PB (25m pool): 02:11.35 Temse 17/11/2025				PB (50m pool): 02:14.25SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.36		01:03.85		01:37.98		02:11.35
	00:30.36		00:33.49		00:34.13		00:33.37	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:5, starttime: 12:49	
Heat: 5/16 Lane : 6 Athlete: VRAMBOUT MAURICE							Q-time: 02:34:05	
PB (25m pool): 02:26.67 EEKLO 04/10/2026			PB (50m pool): 02:31.03SB: 02:26.67 EEKLO 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.02		01:11.35		no time		02:26.67
	00:33.02		00:38.33					
								

Coach feedback:

Memoreal Anteunis 26: Session: 3: COACH evaluation sheet for TEAM: RSC

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:7, starttime: 12:55	
Heat: 7/16 Lane : 3 Athlete: BONNARENS DRIES							Q-time: 02:24:87	
PB (25m pool): 02:24.87 Mons 29/03/2025				PB (50m pool): 02:18.67 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.55		01:09.82		01:47.61		02:24.87
	00:32.55		00:37.27		00:37.79		00:37.26	
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:8, starttime: 12:58	
Heat: 8/16 Lane : 2 Athlete: CASIER JARNE							Q-time: 02:23:18	
PB (25m pool): 02:19.90 EEKLO 04/10/2026				PB (50m pool): 02:25.24SB: 02:19.90 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.03		01:07.13		no time		02:19.90
	00:32.03		00:35.10					
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:11, starttime: 13:07	
Heat: 11/16 Lane : 4 Athlete: BLOMMAERT CÉLIAN							Q-time: 02:14:65	
PB (25m pool): 02:14.56 EEKLO 04/10/2026				PB (50m pool): 02:16.57 SB: 02:14.56 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.17		01:03.69		no time		02:14.56
	00:30.17		00:33.52					
								

Coach feedback:

Event number: 26: 200M FREESTYLE MEN 11-17							Heat:12, starttime: 13:09	
Heat: 12/16 Lane : 9 Athlete: VAN DAELE NAND							Q-time: 02:14:59	
PB (25m pool): 02:14.59 Meulebeke 10/05/2026				PB (50m pool): 02:19.12 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.41		01:04.16		no time		02:14.59
	00:30.41		00:33.75					
								

Coach feedback:

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Event number: 26: 200M FREESTYLE MEN 11-17							Heat:16, starttime: 13:20	
Heat: 16/16 Lane : 6 Athlete: VAN DAELE DAAN							Q-time: 01:59:56	
PB (25m pool): 01:59.56 T ROSCO 12/10/2025				PB (50m pool): 02:00.98 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:27.64		00:57.94		01:28.95		01:59.56
	00:27.64		00:30.30		00:31.01		00:30.61	
								

Coach feedback: